



TERM 1 – Healthy Eating & Living

- Discuss the 7 elements of nutrition: carbohydrates, proteins, fats, minerals, vitamins, fibre & water
- The importance of exercise
- Dangers of dieting & eating disorders
- Types of eating disorders & their symptoms: Anorexia, Bulimia, Binge-eating etc
- How to improve your mental well-being
- Can fat-shaming solve the obesity crisis?

Healthy body=
healthy mind

CCL with R.E- to explore Islamic beliefs on why God wants us to lead clean & healthy lifestyles

TERM 2 – BREXIT

- What does Brexit mean?
- The history of the European Union
- What it means to be part of the EU
- The big Debate: Boris Johnson & Jeremy Corbyn clash in I.T.V election debate
- Brexit Referendum Result
- What next for Britain?

CCL with History- The great war (WW1) & why it started, joining up & conscription & fighting in the war

Drugs are only a temporary fix. Find healthy ways to deal with stress and tension

**YEAR
9**

How can the world of politics help make a difference to misled communities?

TERM 5 & 6 – COUNTY LINES (DRUG TRAFFICING)

- What & where are county lines?
- What does cuckooing mean?
- Who is at risk of county lines
- What should you do if you are a witness to drug dealing?
- How do I report a drug house?
- Crime-stoppers
- Safeguarding in schools
- Criminal exploitation
- Child exploitation & Grooming
 1. Child & Drug Trafficking
 2. Prostitution
 3. Pornography

How do drug gangs expand their operation to smaller towns & what are the consequences?

TERMS 3 & 4 – DRUGS

- What are social, medicinal and illegal drugs?
- What is drug abuse?
- Discuss the various ways that drug-taking can affect a person's life
- What are the main reasons young people start to experiment with drugs?

CCL with Fiqh-Zakaat. Tackling global poverty by promoting human values such as rehab

CCL with R.E- Discuss the importance of good role models